



First Year Seminar - What is it?

UNIV 101U First Year Seminar Course Description

This two credit, graded course will give you a clear understanding of what a research university is and offer suggestions about how you can successfully navigate your college experience. Emphasis is placed on developing the life skills and academic approach needed to achieve your educational and personal goals. You will learn essential information about Boise State University, its rules, procedures and resources along with major, career and research possibilities.

Designed especially for new Broncos!

- Develop personal success strategies
- Learn college classroom expectations
- Practice critical thinking, writing, and research
 - Build relationships with other students
 - Become familiar with Boise State resources
 - Work with faculty, staff and other students
 - Become part of a Research University
 - Build confidence

Topics discussed:

Academic Advising
Campus Resources
College Transition
Major Exploration
Personal Success
Student Involvement
Study Skills Development

