

## Checklist for Choosing a Major/Deciding on a Career

Following is a list of activities to be completed each year, in order to make a well-informed decision about your major/career and prepare for that career. Check off each activity as you complete it.

### Freshman Status

- Read the [University Catalog](#) and become familiar with graduation requirements and majors offered.
- Enroll in the "Freshman Year Experience Seminar" (UNIV 101).
- Begin thinking about interests, values, abilities, skills and goals. Consider how those relate to each other and how they fit into potential careers. Make an appointment with a career counselor in the [Career Center](#).
- Use the [Career Center's computerized career-guidance program](#): DISCOVER will help you to begin gathering information about potential careers.
- Participate in major-related workshops offered by academic departments and the Center for Academic Support. See academic departments or the Center for Academic Support for specific listings.
- Join a campus [club or organization](#).
- Begin narrowing your major choices and make a tentative decision. You can always change your mind!
- Attend the annual Career/Job Fair sponsored by the Career Center. You should plan to attend every year.

### Sophomore Status

- Talk with faculty members in your academic department(s) of interest and professions in your field(s) of interest.
- Join clubs and organizations and participate in extracurricular activities to develop interpersonal, organization, leadership, and communication skills.
- Meet with a Career Counselor in the Career Center and visit the Center's Resource Room.
- Make a decision about your major. Remember, you still have the freedom to change!

### Junior Status

- By now, you should have made a firm decision about your major. The following activities are directly related to your major/career choice.
- Participate in work- or volunteer-related experiences.
- Join professional associations and read pertinent journals to keep current in your field of interest.
- Complete an internship! For more information, view the internship web site at <http://career.boisestate.edu/Internships/Student.htm>.
- Begin researching possible career and/or graduate school opportunities by talking with your advisor, professors, or a career counselor in the Career Center.
- Begin networking with professionals.

- \_\_\_ Identify specific jobs within your career field and research them.
- \_\_\_ Contact the Career Center for resume writing, interviewing and job-search assistance.

**Senior Status**

- \_\_\_ Apply for graduation before the deadline.
- \_\_\_ Complete an [internship!](#)
- \_\_\_ Continue contact with the Career Center to finalize your resume and practice your interviewing skills.
- \_\_\_ Meet with a career counselor for job counseling before you enter the field.
- \_\_\_ Talk to professionals for contacts in the field of your career.
- \_\_\_ Meet with the Career Center to discuss the transition from college to work and related issues.